

a rheume pill 1
against y^e stone 2
Against a flux or weakening y^e back 3
A drink for y^e rich 4



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The Bequest of CLEMENTS COLLARD FRY

CLEMENTS C. FRY, M. D.

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A rume pill wh^{ch} is good to the recovery of
y^e tongue of y^e lungs or in any kind
of consumption or rheume

Take a handfull of Colts-foot: 10 of y^e totes of unset
kissop: of marian-haire 2; of rosemary-flowers 2
being pickt & cleanced from y^e huske. You must
wipe them ^{in a} clea drie cloth (but in no case wash
them) & rub all y^e cotton clea from y^e colts-foot
then stamp & strain them altogether wth a
pint of hysope water: then take halfe a pound of
of powder of lycorrhice finely beaten & seared,
& well dried. Boile all these together a quarter
of an houre: then strain it, put thereto a of white
or brown suger candy finely beaten; & 3 quarters
of a of y^e powder of lycorrhice: then boile it
till it be, as thick as paste: then mould it up
wth some powder of lycorrhice into long small
rolles then put them into a warm stove or oven
to drie: & when you will use it make it into
pills rolle them in powder of lycorrhice take one
of them & hold it in y^e mouth so lesome you must
use it very oft betwene meals

2
~~Take 10 of y^e totes of unset kissop & 10 of y^e totes of marian-haire & 10 of y^e totes of rosemary-flowers & 10 of y^e totes of colts-foot & 10 of y^e totes of lycorrhice & 10 of y^e totes of hysope & 10 of y^e totes of suger candy & 10 of y^e totes of powder of lycorrhice & 10 of y^e totes of white or brown suger & 10 of y^e totes of water~~
to stoffe bleeding

take flax & dye it in egg white & then
sew it, boile a rume on it &
clafe it to y^e parties forhead & it is
present remedy

Spirit of clary

Take a gallon of sack a pint of the juce of
Clary one handfull of Clary flours of Arke
angel flowers the like quantity is of comfen
flours the same wth ¹⁰⁰ handfull of clove
Gilliflowrs Let thees all steepe in y^e
Sack a night, then put it in a glas
still if it bee larg twill hold y^e whol
quantity luteing y^e still very close
wth paste

it is good for all weakneses in the
Liver prevent fumes & vapors
it heats not nor inflames

2 Against the stone

Take the yolckes of two eggs, and beate them
wth a little whitewine, or Ale, then mixeth them
thre spoonfulls of fyne honny, If it be Clarified
wth a little Ginger. it is much the better: in respect
y^t honny in it selfe is windy - drincke this thre
mornings together, in whitewine, or Ale, wth a little
nuttmeger thin shaven wth a knife - To Clarifye
the honny putt some sliced Ginger into it, and
give it only one boyle upon the fyre
to take of the skumme & it is done -

3 A Remedy against any fluxe or weaknesse in the backe.

Take 22 yolckes of eggs, Take away y^e strins
and all white from them, take a pound of
fyne flower, and make it into a paist wth
the eggs yolckes onely to w^{ch} 22 nuttmeggs,
and close them up in the paist, & bake this
in an oven, till it be very hard and drye,
but not burnt, butt that it may be beaten
to powder when it is colde then fyndly

Take it, and of this take a spoonfull, three
mornings together, or so much longer
as cause shall require, in made ale, burnt
wine, posset drinks, or what other drink
or broth you please, and when you first
begin to take this powder, Lay a plaster
of new soft Red wax upon y^e navell
the breadth of the palme of y^e hand.

To make a soare cloth very beneficiall
against aches, strains, or Bruises

Take a pint of the best sallad oyle,
halfe a pound of Red Lead in fyne powder
Boyle these in a skillett upon a very slow
fyre, and continuall stirring wth a slice
to prevent the Lead from settling to the
bottom: and a constant care that in the
beginning, especially it catch not fyre
and it is to be continued boylings, till
it begin to be black, then drapp some
of it into colde water, & if y^e presently
grow hard, it is boyled enough, then
drapp in itt as much out Holland one pece
after another, as will drinke it all upp

and hang each peere spread upon a stick
in some coole roome, till they be perfectly tole
then smeth them on both sides, wth a knife, being
spread upon a cloth upon a table, and then
you may wole them wth a peere of white
paper, betwixt att yo^r pleasure, and applye a
peere of this to yo^r place of wound. and at 24
houres end turne it to seare cloth, & cover
it wth a peere of white paper. and at 24 hours
end more take it away & lay a new peere
Soe long as neede shall require.

5 for a crush or bruise

Take some German powder panned in a mortar
and mixe it with a little honny & being heated
in a shellst. Lay it to the crush or bruise
as hott as you may abide

6 To stopp Bleeding att the nose

Take of nettles, Arsons woodruffe sheaphords
purse, about halfe a handfull or more in all,
w^{ch} being well bruised straine it into posset
drinke and giue it to the blooder w^{ch}
at going to Bedd.

7 For to ditt out a thorne, or.
any thinge y^t sticks fast in
the flesh, —

Take the roots and tops of a smoth Thigell
wth a little rozen honny & the yolke of an egg,
and lay it to the place that hath any
thing fast in it, first hauning beaten them
all together. § 2.

Oyle of moales. a most excellent
remedy agaynst the Goutt. Syatica
and any such like paynes.

8 To make the oyle
gett an earthen pott in the forme of
the crowne of an hatt, another pott not
soo deepe not soo widd, butt as it may
hange in the top of the first hauning
holes in itt like a Colander. & Brim
wherby to hange on the topp of the
grated pott. then gitt soo many moales
as the colander pott will containe take
of their skyns, and draw out their

Bowels. then putt their quarters into the
said pott. and putt a wollen cloth throo tyms
double close upon the topp of the potts
and sett them a yard and a halfe doore
(to the topp of them) into the earth
and lett them so stand six weekes
and in that tyme a fyne oyle, will bee
settled from them into the great pott, w^{ch}
putt up and loope in a glasse and annoynt
any place pained therewith. bals

for y^e spleen
Take stone horse dung & oile of camomile fry them
together & apply them to y^e place offended as hot
as you can

10 for a red pimpled face
Take $\frac{1}{2}$ a pint of sack, 30. raisins of y^e sun stoned
some ginger sliced. mull it & drinke y^e sack & eat
y^e raisins in y^e morning fasting. doe this for 3 or 4
mornings or a week together then intermit for a
time & doe it againe in like mannar

11 for an ague
Take a spoonfull of suger 2 spoonfulls quantity 3
spoonfulls of iuce of lemons mingle all these together
& give y^e party $\frac{1}{2}$ an houre before y^e fit

12 for a sore cough

take a great onion, cut off at y^e stalk end
a slice to make a case for it then ~~make a case~~
pick out y^e middle of y^e onion, & hollow it out
so as to leave a good shell round about fill
it with good salt-oile, & as much beaten
pepper And as much pepper as will lye upon
a great when y^e onion is well roasted
temper it wth more oyle. and so eat it
att night when you go to bed

3 A Rhume pill is good for the recovery
of the coughs of the Lungs. or in
any kind of Consumption, or Rhume
Take 2 handfulls of Colts-foot. 10 of the
tops of wensell hyssop, of maiden haire, 2
of Rosemary flowers: 2 being pickt and
cleanced from the husk: you must wipe
these herbes in a cleane dry cloth. (but
in no case wash them) rubb all the
cotton cleane from the colts-foot. then
stamp and straine them altogether, wth
a pint of hyssop. water. then take halfe a
pound. of the powder of Licorhize fynde
seared, and well dryed. Boile all these
together, a quarter of an houre: then
straine it, and putt thereto, a pound of

white, or browne sugar, Candy, finely
beaten & 3 quarters of a pound of the powder
of Lycoriz: then boyle it, till it be as thin
as past: then make it up with some powder
of lycchoriz: into long small scales: then
putt it into some warme stove, or oven to
drye: and when you will use it, make it
into pills of the bignesse of a great pea
rolled in the powder of the Licchoriz, take
one of them and hold it in y^e mouth and it
will dissolve like sugar: Candy you must
use it very often betwene meales.

14 Walnutt water good for the Dropsey
or palsey)

Take walnuts the first of June, beat them &
distill them in a cold still, and keepe it by
it selfe Take walnuts the 27th of June &
doe againe wth them as y^e first Take walnuts
y^e 8th of July & doe soe againe of each
of these waters: take one pint, and mingle
them, & distill them in a glasse still, &
keepe it. A drop of this in a basin of water
will turne as white as milk: it cureth the

the Dropsey, & palsy, one spoonfull in a draught of white wine fasting. Its good for the Disease, of the eyes & morpheus cleareth y^e face, causeth sleepe, if you wash y^e temples of y^e head wth it, and drinke in a little wine is good for many infirmities.

15 Oyle of froggs

Take a good number of small yellow froggs putt them into an earthen pott: then putt to them as much good sallott oyle as will almost couer them: and throw in almost halfe a handfull of salt: then close up the pott wth paste: and sett it in an oven wth brown bread: when you take it out again strain it through a cloth to free the oyle from bones, or hard knots, then putt it into a pott or a glasse Its very good for all maner of aches being chaffed upon the place affected wth a warme hand before the fyre morning & evening

16 How to make salve water

Take a handfull of St. Johns-wort: 5 of
Redd sage, 5 of salondins, 5 of prunella
5 of Samole, 3 of plantain, 3 of hyssop,
3 of elder flowers, 3 of Rosemary, 3 of Comfrey
3 of Red Rose Budds, 3 of Smockfoild, 3 of
Sottwell, 3 of valerian, 3 of Smalage, 3 of
wild Gasy-roots: 3 of perbe-grass, 3 of Balm,
3 of Colombine leaves, 3 of Betony, 3 of Satyon
leaves, 3 of Bramble leaves, 3 of Camomile,
and 3 of wormwood wth a peck of hony suckels
pickt from the knops. all these leaves must
be washed & pickt from the stalks. butt
the hony suckels not washed and putt them
in a brass-pott. wth 4 gallons of running
water, then lett them sooth till its boyled
away a good part, covered close wth a puther
dish, then strain them out wth a colendar
into a stone pott, the herbes being well
crushed: then y^e next day putt them into
the brass pott againe, sett them on the
fire, and putt therein six pynts of the
best hony, and one penny worth of

long pepper bruised, 2 ounces of madder-
roots, a quarter of a pound of Allum almost
sooth all these together till it be boiled
a quarter away, then pour it out into a
stone pott, & lett it settle: then take
of y^e clearest of it, & putt it into glasses and
keep y^e bottom by it selfe. it is good for to wash
any sore, or wound, or for y^e canker, or for
stinking breath; It cannot be made but in
may the latter end of y^e month: the pot must
be very close & you must boile it as fast, as you
can, being close covered.

17 It Cordiall water.

Take a gallon of white wine vinegar; 4
large handfulls of wormwood, and as much
of each of these as followeth, viz. southernwood
sorein, mayweed, motherwort, Rue, valer-
ian & Angelica; steep all these herbes.
in the vinegar 8 dayes: then still them
in a glass still. If you can, in so fast thereof
in an ordinary still, the herbes being
stilled, you must take the same quantity
of these herbes againe and steep them
in the said water. 8 dayes againe: thus
must you doe 3 tymes and when you

have soe done, Last of all you must
still y^e water over againe: allowing
a ounce of mithridate to every quart
of water

This water cannot be well made
but in may.


18 A drink for the Rickets.

Take of. Ciorach, maidenhaire, Liverwort
Hartstongue, Tamarisks, of each one handfull
wth a few Osmond roots, a stick of Litara, and
a quarter of a spoonfull of Anniseeds, brew
these to make abouts a gallon of muddling
ale, after foure daies it may be drunk
of. you shall take the cleere off Osmond roots
and boyle them in any thing the child takes

19 An oylment for the Rickets.

Take of Cammille, Caltfoot, fetherfow
Aldhoofs, otherwise called, heyho, periwryall
of either alike quantity clean picked and
minted, & weighed ag^t. so much sweet butter
boyle it three houres softly, and put into it
three or foure staves of Long mace then

stroind it, annoynto the syder. belly
and outsyde of the legg.

 20
make Syrups of clove galyflowers

Take a good quantity of the great red clove
galyflowers. and distill them wth out burning.

In a quart of the distilled water. infuse
one pound of the pure flowers. of the same
kind. (the water being first made scalding
hott., but not to boyle in an earthen pipkin)
wooll stirred downe with a silver spoon. Lett
them stand close covered 12 houres then
stroian out the liquor. have it a presse.

To a quart of this infusion take 4 pounds
of double refined sugar, and sett it in a
silver or pewther flagon. in boiling water
till the sugar be dissolved, taking of y^e
skum as it riseth.

All the whites of the galyflowers (as
well those w^{ch} are to be distilled as
those which are to be infused) must be
elipt of.

If the infusion be made twice, or
thrice over in the same liquor it
will be much the better.

21 For the Jaundice

Take 20 great garden worms, scour
them wth salt. slit them & wash them in
white wine. Boyle them in a quart. of white
wine to a pint. Then add to it 3 penny worth
of saffron & sweeten it wth loaf sugar.
take 3 spoonfulls of it warme first in the
morning and as much last at night.

22 To stop the bleeding of a wound & to heal it
Take oylbaneum ℥ij. Aloes ℥i both maid
into fyne powder Add thereto some of the
soft hairs or down of a hard shrood
smale Incorporate altogether wth the white
of an egge and Lay it on the wound so lett
it lye 3 or 4 dayes, when you woud take
it of temper the white of an egge with
oyle of Rose and apply it till the flesh be
there wth softened. Then take it gently of
& if the wound be not healed, use other the
same againe, or any other healing playster

23 An approved playstor for the syatica.
Take pitch and Rosin, of each 2 pound beaton
into powder & searced.

Frankingsones bruised $\frac{3}{4}$
Sweets showet $\frac{1}{2}$

Saffron in powder 2 $\frac{1}{2}$ oz

Mace and clove finely beaton 3 $\frac{1}{2}$ oz

Cumin seeds finely beaton & searced $\frac{1}{2}$ lb

Labdanum finely beaton and searced. 3 $\frac{1}{2}$ oz

First dissolve the sweets, Rosin & frankincense
when they are dissolved, putt in the pitch
& that being dissolved, put in the spices.

Then add the cuminseeds & Labdanum

So make it a playstor.

Spread it upon Leather halfe an inch
thick apply it to the sole of the foot & lett
it continue on 20 days.

th.
in 10 or 12 days. after it is layd on it
will draw down the humor so that you
will thinke you god wot's good.

24 A most Excellent Playster for
the stomack

Red Lead 8 oz white Lead 4 oz. beat them
as soave then take 1 pint of oyle of
olive, 5 oz of castile sope, slice the sope very
thin, then boyle the oyle & sope untill
it be melted, then putt in the Red and white
Lead. and soe stir them continually, and
when it turns greenish, then drop it on a
coole Iron, and if it come off wthout sticking
and will snap & breake in sunder, then take
1 oz of oyle, of Bay 2 oz or 3 oz of hoggs
grease stir it well together. with the stuffe
then take it from the fyre and dipp clothes
to make soave clothes or make it wth in wools
This playster being layd upon the stomack
increaseth appetite, and taketh away paine
theire being layd on the belly it healeth
the collicke presently it healeth all swelling
& bruiſes. taketh away aches, puffes, follons
taketh away any running humors. wthout
broaking y^e skin it is excellent for any old
spraine or Lymbs y^e hand bound out of joint
all these hand bound often proved

25 An oyle or Balsome of great vertue

Take a quart of Gallott oyl. & putt to it a quart
of cleare spring water & put into a pipkin &
stir them well together: then add to them
of Liquid storax six ounce, & of Venice turpentine
4 ounce, & lett them stand infusing all night
& then putt into them of rose water, & plantin
water, of each of them a pony worth & of
y^e oyle of hyppociron $\frac{1}{2}$ ounce then take an
other pipkin & into it putt of yellow wax
 $\frac{1}{2}$ lb of Dragons blood 6 ponyworth, of rosemary
sweet marjoram & hyssop of each of them
about 2 small handfulls, Then sett these 2
pipkins on a soft fire, & lett them boyle
Leisurely, for y^e space of an houre over & anon
stirring them, & when they have boyled an
houre, putt them altogether into y^e first
pipkin wherein you did first putt y^e Liquid
ingredijants: & stir them together & lett them
all boyle together halfe a doz. walms: then
last of all add to all these of redd sanders
6 pony worth, & of naturall Balsome,
2 ounce and lett these also boyle wth them

2 or 3 walms more, then take it of y^e
fyre & steepe it, through a linnen cloth
into some galley potts. Lett it stand till it
be cold, then cutt it to the bottome with
a knife. Lett y^e water run from it. wh
you may pourd of from the Balsome into
some glasse, & keep it by it selfe & use it to
anoynt sore eyes with or any sore about y^e
boddy then melt y^e Balsome againe & after
putt it againe in y^e galley pott & keep it for
y^e use

the ingredients as before are

Jalott oyle a quart
spring water a quart
Liquid storax 6 ouz
venice Turpentine 4 ouz
Redd water 2 pennyworth
plantan water 2 pennyworth
oyle of hypericon $\frac{1}{2}$ ouz
yellow wax $\frac{1}{2}$ lb
Dragons blood 6 pennyworth
Rosemary sweat 2 pennyworth
Bayes of each of them 2 handfulls
Redd Sanders 6 pennyworth
naturall Balsome $\frac{1}{2}$ ouz

The vertue. It is good to heal a wound y^ether
outward or inward: being squirted warm
into y^e wound & applyed ~~with~~ ⁱⁿ fine ~~flax~~ lint of
Linnen annoynting also y^e parts shewabouts
It not onely taketh away y^e paine but
keepeth y^e wound from Inflammation and
draweth forth also y^e broken bones, or any
other thing it might foster or putrefy it,
so yt y^e paine, or inwards as y^e hart, liver,
or gutts, be not touched. It will heal a
wound in 4 or 5 tymes dressing, so yt no
other thing be applyed thereto. It healeth
any bruise or cutt, if first it be annoynted
wth y^e oyle warmed dipping therein a
peice of Linnen cloth or lint. & applying
it to y^e place grievous thus doing it will
heal it wth out any skaw remaining. It
cureth y^e fistula or blister, be it new, soe
deep in any part of y^e body, being applyed,
as aforesd. for a cutt. It is good against cankers
being also used as for a cutt, but it will requyre
longer tyme to helpe t^e. It healeth any
burning or scalding, either by fyre water
or any other meanes. It helpeth y^e head ache
by annoynting y^e temples or head shew^{ing}

It is good against y^e wind collicke or stick y^e
syde, applyed thereto, warme wth hott clothes
using it for 4 mornings together, applying
euery morning a quarter of an ouⁿce. & take
away any paine, or griefe y^e goodeth by reason
of cold, catarrh or aches in y^e bones. & sinewes
applying it as afores^d, for y^e collicke, & it helpeth
digestion annoynting y^e stomacke & nabil
therowth. when y^e party goeth to bed, it is good
against a consumption, or cough of y^e Lungs
taking a little of it, in a little sack warmed.
or you may take y^e quantity, of a nutmeg
of it, & make it into 4 pills, rowled in sugar
& take of them first in y^e morning & last at
night, & it is this way taken good also, against
a consumption, or cough. & tis good for one
infected wth y^e plagu^e small pox, measles, or
other such infectious diseases: soe it be presently
taken in warme broth, y^e quantity of an ouⁿce
4 mornings together & sweat upon it, and
if one not yett infected feare the plagu^e
lett him onely annoynt his nostrils and
lips therowth in y^e morning before he goeth

abroad, as it is a very good Antidote, &
preservative against it, It is good against
poyson, & helpeth in a surfit, taking y^e
quantity of an ounce in a litle sack warmed.
It helpeth against y^e biting of snakes,
Adders, or vipers, being drunk in warm
milk; and lastly it keepeth one from vermin
or Lice annoynting y^e head therewith.

Another way to make this Balsom
wth y^e addition of mummy to it

Take of oyle olive lb pound, of yellow wax
 $\frac{1}{2}$ lb of Venice turpentine 4 ounces of Liquid
storax 6 ounces, of y^e oyle of hypericon 2 ounces
of naturall Balsome & of mummy of each
of them also 2 ounces, of rose water and
planting water, of each of them an ounce
of rose and rose an ounce & a half of Dragons blood
2 ounces, of rosemary, sweet margerom & bayes
of each of them a great handfull. compound
it thus: first put y^e yellow wax, y^e Dragons

blood into a pipkin, as also y^e mummy: & sett
them on a soft fire, & lett them boyle very
loisurably, then putt into an other pipkin,
y^e oyle olive, y^e venis^e turpentine, y^e oyle of hipocrist
& liquid storax, & a quart of spring water, wherein
 hath beane boyled before, y^e rose water & plantine
 water, y^e sweet marjoram, y^e rosemary and bayes:
& boyle those about a quarter of an houre, then
 take them of y^e fyre, and putt them all together
 into one pipkin, and after this putt in y^e naturall
 balsome, & y^e red sanders, stir them well together
 & give them a walme. or two, over y^e fyre.
 then straine them all together. into a pan and
 lett it stand till it be cold, then take y^e water
 from it, & melt it againe & then putt it up
 into gally potts, for y^e use.

26 A very good yallow salve
 Take of fyne resin^e, of way, doer foot, and
 of vanckin^e royle, of each of them a quarter of
 a pound & of mastick an ounce melt all those
 upon an easy fyre, straine them through

a thin cloth, into an earthen pipkin, then
putt thereto 3 pints of whitewine, and lett
them gently boyle together, 4 or 5 howers
untill all y^e wine be consumed, ever stirring
them, then putt thereto 4 ~~ounce~~ of oly barne,
made to powder: 2 drams of camphire, &
4 ~~ounce~~ of turpentine: mingle them altogether
& lett them boyle a little while, then putt it
into a pan, alwayes stirring it till it be
~~boyled~~ cold then woule it by into wounds
The vertues this salve is good for new
wounds, for aches, or goutes, in y^e ioynts
for wronches in y^e ioynts, for y^e flux
of y^e belly, being applyed plaister wise, on
y^e navill: for deafnesse being made
into tents & putt into y^e eares.

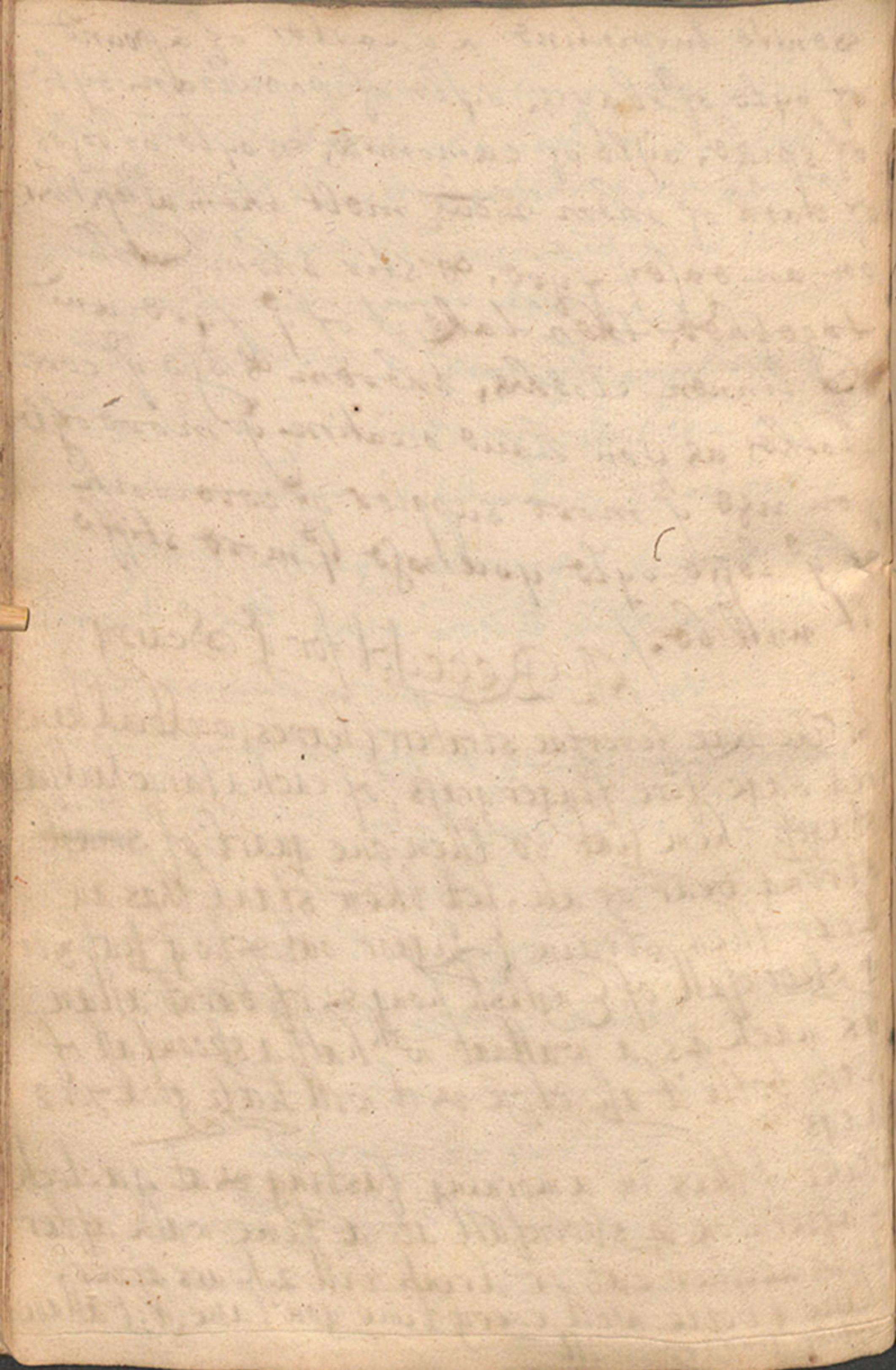
26 A yellow coverloth good against
any pain or swelling
Take a pound of fynd rosin of franchine
halfe a pound of wax halfe a pound, of

won'te turpentine a quarter of a pound
of oyle of bayes, oyle of populoam, oyle
of spike, oyle of camomile, & oyle of roses
of each of them 2 ouz melt them altogether
on an easy fyre, & stir them well
together, then take it of y^e fyre and
dry linnen clothes, shewin & blyd y^e cord-
clothes as you have occasion y^e more oyle
you use y^e more supple y^e cord cloth
& y^e less oyle you use y^e more stiffe
it will be.

A Receipt for y^e Scurvy

Take Rue feverfew, straberry leaves, woodbine leaves
red sage, five finger grass, of each a large handfull
stamp them putt to them one quart of ~~small~~
strong beer or ale, lett them stand thus an
hour then strain y^e Liquor out & to y^e put 3 or
4 spoonfull of English honey & of burnt alum
as much as a walnut wth half a spoonfull of
salt boile it up close & it will keepe good 7 or 8
days

Take of this in a morning fasting & at 4 a clock
in afternoon 4 spoonfull at a time walk after
it, & neither eat or drink till 2 hours after
shake y^e boile well every time you take it y^e alum
must be powder small



27 For a Bruise strayne or paine
in the backe, also good against
a Consumption or Cough of the lunges.

Take 4 quarts of Ale, put into it a
pinte of whole Barly well washed &
pickt, a handfull of Ivy-leaves from
an Ash, liquoras 2 Ounces, Anniseeds
One Ounce, Saffron 2 penny-worth,
Mace & Ginger of each a penny-
worth; bruise your Spices & seeds
lightly, sett them on a gentle fire,
& boyle them till a third part be Con-
sumed, Straine it into a cleane pott,
& when it is Cold, keepe it Covered.
Let the patient drink of it morning
& Evening, & at 4 of the Clock o. or
10. Spoonfulls at a time.
It will keepe good about a Weeke.
This hath knit broaken Ribbs, and
Cured many inward bruises.

28 To make elcompain Lozings.

Take elcompain roots. (if best you can
gett) paired & sliced them thin, putt
them into a bason of running water
change them twice a day for seven
days. then putt them into a skillett
and cover them wth water. so boyle them
in thre waters. (about an hour in each)
Then grinde them in a good faired
mortar, and Rubb y^e pulp through a hair
sieve & y^e strings may be kept out. To
every pound putt 3 lbs of double refined
sugar. and boyle them untill they be
thick. Then take 2 grains of muske
dissolved in a little Damaske Rose water
putt in y^e muske, lett it boyle a while.
Then add six spoonfulls more of the
same Rose water. And after it hath
boyled another while take it by quick
(least it grow Rugged) Laying it by
spoonfulls on a por^{celain} plate so drye them
in an oven untill they be hard

butt have a care y^e oven be not to rott

22 For conserve of Roses,

Take Redd Rose Buds (not blown, to
much) clip off y^e whites, putt a pound of
them into a cleane Skillet wth a pint
of fayre water. Keep them with stirring
upon a moderate fyre till y^e water be
consumed; then take them out & grind
them very small in a mortar, wth a pound
or halfe of sugar beaten fyne, (putting
a proportionable quantity of y^e sugar into
y^e mortar. fyrt, then a quantity of y^e rose
to be ground wth it) This done putt them
into a deep Dish wth another pound or 2
of sugar (beaten fyne also) so keep them
wth stirring till they be towred, having
a care they doo not burn too thicke
then putt them into potts

Take London treacle, spread it upon white
 leather well aged lett y^e leather be about
 10 inches in length, & 8 in breadth, spread
 it within an inch of y^e sides & lay it to y^e
 pitt of y^e stomack 2 hours before the
 fitt comes, then halfe an hour before
 y^e fitt comes, take a pint of cleare possit
 ale, & boyle in it halfe an ounce, of
 hartshorne powder, put into 3 or 4 spon-
 fulls of this possit ale, a sponfull of syrup
 of clove gillid flowers well mingled wth
 it, and drinke it, and halfe an hour
 after doe y^e same, & soe y^e 3 halfe hour
 this playster must lye on till y^e next fitt
 then anon on & soe thrice, if it be needful
 if y^e use a glyster the second day it will
 doe well. — This is an approved medicine
 for a Tertian, & hath cured some quarters

For a sinew shrunke or strained my
30 Lady Arundels

Take a pottle of oyle olive, & steep in it
A handfulls. of Red Rose leaves & good handfulls
of y^e hearte Dill wth ^{the} flowers, a pint
of garden wormes wash^d very cleane in
water, or white wine then cutt of both
ends of every worme. & putt them to y^e oyle
and boyle them together wth a soft fire
till y^e wormes be as dry as a stick then put
in an ounce of beaten mastick, & lett it
boyle a little more, then straine through
a linnen cloth & putt it in a glasse and
keep it for use.

An excellent & approved medycine for
31 the stone

Take a gallon of new milke (if you
can lett it be of a Cow all Red) putt
to it a handfull of pellitorye, wild tym^e
saxifrage, parsolley, 2. or 3 radish roots, sliced,
steep all these in y^e milke one whole night,
y^e next morning distill all with a moderate

good. y best tyme of distilling it is in
June or towards y end of may
use of this water. not 6 spoonfulls and as
much of white or rather Rhenish wine wth
a little sugar & a few slices of nutmeg make
it luke warm. Drink it fasting 3 hours
after using moderate exercise
doe this 3 days together every 14 or 15
days especially at y full and wane of
y moon or oftner as need shall require
Another

Take halfe a pint of white wine, burne
it wth a little ~~white~~ ^{finer} sugar, In y burning
to cool y wine, putt in halfe a spoonfull
of salt peter. wh^{ch} being dissolved drinke it
as warm as you can use it especially
in y morning fasting

32

For a cold

Take a quarter of a pound of french barley
a quarter of a pound of figgs. & so many
Raisins of y sun or rather more y figs
must be sliced and y raisins stoned and

an ounce of anniseeds, and an ounce of
Licorice, and of mardon haire, and colts
foot, and unset hyssop, of all a pretty
quantity as you shall thinke fitt 4 or 5
pipins sliced and putt all these into 4
quarts of spring water and mixe them
well together. and boyle it lowe softly unto
a quart, then sweaten it wth fyne sugar.
or white sugar Candy

33 To make Lead playster for a cloth

Take 2 pound and fower ounce of y^e best and
greenest sallit oyle, with a lb of good
Redd Lead, and a lb of white Lead, beat them
well into dust, then take 12 ounce of castile
sopre, incorporate all these well together
in a well glasse or great earthen pott, if
y^e sopre may come upwards, sett it on a
small fyre of coales the space of 1 hour
and a halfe, always stirring, it with

with an Iron Ball or round pommill
then make yours fyre somewhat bigger
untill it be of y^e colour of oyle. then
drop a little on y^e board. & if it cleave
neither to your fingers nor y^e board.
then it is enough, then take y^e clothes
and make them into what breadth
or size you please in your cloth. Let not
y^e cloth be coarse, but of a reasonable
new holland, and when you have dipped
them, then rub them wth a flint stone.
it will last two years and y^e older y^e
better, as long as it will stick it is
good

The vertues of y^e Leaden playster

1 If it be laid to y^e stomach it provoketh
Appetite, & taketh away any grief
in y^e same

2 if laid to y^e belly: It is a present remedy
for y^e ache

3 If laid to y^e reins of y^e Back. It cureth
and healeth the bloody flux. the running
of y^e reins heat in y^e liver or

weakness of the Back
4 It healoth all Bruises and swellings
It taketh aches, It breaketh colds
pustles, and other impost humors and
healoth them
5 It draweth out any running humour
without breaking of skin and being
~~It is good for the face and head~~
~~It is good for the face and head~~
6 The same law for y head is good for y
eyes

~~It is good for the face and head~~
~~It is good for the face and head~~
~~It is good for the face and head~~

a powder ~~to make~~ to make
a water for sores: also for
fistula's ulcers or any
sores old or new
Take white vitriol 4 ounces
bolcamphen race 4 ounces
camphire one ounce
first beat & camphire by it self rubbing & end
it & pestle with a little oil then beat &
vitriol & race into a little black soft stage
in first of camphire, then of vitriol upon it

cover y^e pot wth a white paper; & lay upon it
a saucer wth a weight in it set it in a chafin
dish & kindle small coals about it by degrees
when it is enough you shall perceive it cap^{le} hit
to stick to y^e paper; then take it off & set it
stand till it be cold, & it will be as hard
as a stone. then break y^e pot & take y^e stuff
& beat it wth y^e boleam^e much very fine & ^{lot.}
seare them. weigh it out into ½ ounces & 100 y^e
or every ½ ounce will make a wine quart of water
thus; take faire running water set it over y^e
fire & when it boiles take it off & shake y^e pou-
der in gently. stirre it about wth a stick & when
it is cold, put it in a glasse, & keep it for your use
use of it

for fistulase, or sores: shake y^e water well
together & pour out some into a syringer
warm it, & put a cloth in it, & bath y^e sore wth
it. then then lay upon it some of y^e plaister
or cerecloth as y^e precedent receipt say.
for sore eies: do not shake y^e water together
but pour of a little of y^e clear, & mingle it wth
red-rose-water, & drop it into y^e ey^e when you go
to sleep. after wards you may shake it together
& bath y^e temples wth it & wetting a cloth 3 or 4
times double lay it upon y^e temples, & bind it on
all night for fistulas, or sores. if to a pint & a
half or a quart of fair water be added also
half a pint of Plantan water, it will be y^e more
effectual;

To make an ointment

Put an ounce of Tobacco two ounces of Allum
small beat, one pint of vinegar into an earthen
pott yt will hold three pints then set y^e pott
on warme embers and let it keepe milke warme
for 12 houers and take heed it staid not
Then take it and straine out y^e Tobacco and putt
into y^e pott wth y^e liquor one pound of butter
without salt and halfe a pint of sallet oyle
and halfe a pint of y^e liquer of sallondine and
lett all boyle together in a soft fire till a fourth
part be consumed then put into a bason or peller
dish and put to it one spoonfull of y^e flower
of brimstone and two spoonfull of Allum
finely beaten steared stir it in wth a spoone
and soo keepe stirring and beating of it till
it be told yt it may take up the liquor —

The vertues of it

It is good for all out breathes and stiches and wounds
and sore legges yt break out in many places ~ ~ ~

An approved Medycine for y^e yellow & black
jaundise and y^e wind in y^e stomack ~

Take a peck of garden snailshells in y^e shells wash them
in beere then cleare y^e thimney and powder out
halfe a bushell of Charcoale and sett them on fire
and being thoroughly kyndled make a great hole
in y^e middle of y^e fire and powder in y^e snailshells
scattering some of y^e fire among them & soo lett
them roste in y^e fire soo long as you heare

them make a noyse then take them out wth a
knife or a course cloth pick them and wipe all
ye greene froth from them then bruise them
in a stone mortar shels or all take also a
quart of earthwormes slit them and stowe
them very well wth salt twice ouer then wash
them and put them in a stone mortar and beat
them to powder, make ye pott very cleane -
upon which you sett your lombark or stick
and take two handfulls of Angolita lay it
on ye bottom of your pott and upon yt 2
handfulls of Polandine putt therunto 2
quarts of rosemary flowers at ye least, also
Bearfoote Agrimony red-dock roots ye bark
of ye Barbery root, wood sorrell and betaine of
each two handfulls halfe a handfull of rue
fennelgreek & cummerick of each one ounce
well beaten then lay your mailes and wormes
on ye top of all these herbes, And pour in 2
gallons of ye strongest Ayle ouer your pott
and let it stand all night in ye place where
you meane to put fire vnder it in ye morning
putt in 2 ounces of cloves beaten to powder
of saffron beaten to powder ye weight of 9th
and of very good hartshorne (grated or filed
to powder before it be weighed) 6 ounces you
must not stir it after you haue put in your
hartshorne least it goe downe to ye bottom

then sett on your limbeck and stop it wth a peeces
of rye dough and soo receive yo^r water in pintes
as you doo any other water you may receive 6
pintes or something more, yo^r first is yo^r strong^{est}
& must be kept by it selfe and soo by degrees
the smallest may be made better by some of
yo^r strongest putt to it when it is used

For yo^r jaundies take 2 spoonfulls of this in
a glass of ordnary beere an houre before each
meale for 5 or 6 days together afterwards
less, and more seldome as once a day or once in
2 or 3 days as you find your selfe

Singell water Compounded, M^r Bathurst

Take a gallon of Aquavite steep it in many flowers
of redd poppie as will make it of a good colour 24
houres, straine it out cleare & putt to it Nutmeggs
sliced an ounce, Ginger sliced 2 ounces Licorise sliced
an ounce cloves and large mace bruised of each halfe
an ounce Anniseeds bruised 4 ounces (if you please
halfe an ounce of pinamon bruised) Reasens of y^e
sunne stoned and figgs sliced of each a good handfull
white suger Candie beaten 4 ounces Infuse all these
in yo^r Aquavite for a month stopping it very close
and shaking it ^{very close} every day then straine it out and
putt it up in glasses hanging in y^e glasses a little
musk or amber greene take heed of filling y^e glass
too full, You may take an other gallon of Aquavite
wth poppie steeped in it as before and strained out

out cleare and putt it to yo ingrediant^s after y^e other
Aquavite is strained out from them and it will make
a good water but not so strong as y^e first, when
you have power of y^e second Aquavite take all
manner of good Cordiall herbs (as Borage —
Bugle y^e spearmint wormwood Carduus Botton
Coltsfoot sage Balm^e Symper^{nall}) of each a
handfull ^{y^e best} shred altogether and mingle them wth
y^e afforesaid Ingradiant^s and distill them wth a
soft fyre It makes an excellent Cordiall water
or lipp water

For y^e headache coming by
rhume or cold

Take an egg and Roast it hard pill it and flitt
it in y^e middle take out y^e yolke and fill
up y^e hole wth grated Nutmegg and apply it
hatt y^e one halfe to y^e one side of y^e temple
and y^e other to y^e other side when you go to
bed

To make y^e oyle of Charity

Take Camomile root sage Rosemary tops, Lavender
and Hyssop tops, Colendine Botony Thers Tongue tree
leaves plantine of each a handfull pick them cleane &
chop them a little bigger then herbs for y^e pot putt
them into a quart of fallet oyle and sett them in a glass
in y^e sunne 9 days together stirring them well once a
day then put it out into a large dish sett it on a
Refinish of scales and lett it simer there an houre
but not boyle stirring it some tymes then straine it out
as cleare as you can from y^e herbs and putt to it y^e
same quantity of y^e same herbs chopt as before and
let them stand againe 9 days in y^e sunne then simmer
them an houre and straine them as before: putt to y^e oyle
soe strained 9 handfulls of valerians chopt and lett it simer
an houre upon y^e scales wthout boyling then straine it out
and lett it settle then power y^e cleare from y^e bottoms
and keepe it for use wth y^e grounds you may make
a soare cloth molting yellow wax wth it,

The use of y^e oyle of Charity

for a straine lett y^e yt be anointed wth it warme and well
rubbed in y^e morning and evening and a peece of y^e soare
cloth layed on it It is good also for a bruse, for an
outward applyed outwardly, for an inward applyed inwardly
about a spoonfull, y^e same quantity soe taken stoppeth
bleeding it being use like Balsome to any greene wound
it may be healed wth any ordnery salve wth out fainting
It is very good for any ache in y^e bones as for shrinking of
sinews, It hath been given to a horse whose grease was melted
wth good success, It is y^e best made in y^e month of May

plague water

Take two Agrimony wormwood & olondino sage & Bahno Angelica
Mugwort Tormentill, Draggones pimpernell sauerfu
Burnett ^{seed} sorrell & ardens Marygould ^{knice like flower} flowers, of each a handfull
Rosemary 2 handfulls olosampans roots straped halfe a
handfull Boate y^e herbs and steep them in y^e best & anary
sack or lees of wine and strong Ale 3 dayes and 3 nights
then take out a little of y^e sack in a pottenger and therein
dissolve y^e quantity of a wallnut of Methericats or London
treacle and mingle it wth y^e best Ale thereunto an ounce
of Anniseeds bruise. Then take y^e herbs lightly out of
y^e sack and distill them but not too dry. There will be
two ordinary stills full. Then putt y^e herbs ~~and~~
into y^e sack againe and distill y^e sack and them together
Booth y^e first & second distillations must be done very
sofely. It will be a full week in doing
There will come in all about 3 quarts of water y^e first
will be y^e strongest y^e last will be very small but very
good in an ordinary distemper

To make a woodsorrell Cordiall

Take one pound of loaf suger beaten and 2 ounces of y^e pickt leaves
of woodsorrell beaten into a consord, add to it one ounce of
y^e best Methericats mix it very well & keepe it for use
It is very good to drive any Malices from y^e heart

A very good Meditine for gripings

Take a quarter of a pint of white Anniseeds water and halfe
a drham of powder of Rubarb and a penworth of
saffron tie up in ~~a bag~~ a bagg and squeezed in it,
given warme, 2 or three takings cures a violent
gripping

a water for sore eyes

take one penyworth of white copporus &
twice as much fine salt & a litle more
then a pint of spring water beat y^e
your copporus small & so put them all
together into a silver bason & set it
on a chafindish of charcole let y^e
fire be pretty hot you may let it stand
on y^e fire about half an houre & have
it with stirring it will look muddy
but when you take it of the fire you
must let it stand to settle till it
be clere before you bottle it up

after a bone is comd out of a finger &ent it is more but when
ye bone come out. put in some aquavit or balsome & if a sound
bone be fast it will presently be whole aquavit comfords sore
after a son fall or bruise prepar ead. & guide y^e party a pisset
boile balm in y^e milk power of milk & balm upon y^e milk
& make it a good great pisset lett y^e party drink & lay card
with y^e balm in it to y^e bruised place & it will both heale & crush
the desolue y^e felled blad as hath bin oft tryed beat y^e balm
before you put it into y^e milk & if you can make y^e pisset to
is y^e best or at least sum sache & if not strong ale
for any great blow on y^e eye apply conserve of bean flowers &
conserve of red roses mixt together if y^e bean flowers be in
bloom only apply y^e bean flowers to it & change them often stange
y^e flowers & mix them an egg well beaten
if by any tumor falling into y^e eye it rise out of its place prepar ead. &
flad in y^e arize of y^e same sideing y^e head veine it may need to be under
y^e young or blackes set to y^e temples if y^e eye inflamed use bean flowers or
conserve of roses it doth much comfort y^e eye & is dook treach oater & y^e litle wh
strid of an egg beaten well with plantan water wiped into y^e eye

~~Take of the best muscadine~~
~~Take of the best muscadine~~

The best & rarest secret of green
walnuts most excellent for man woman or child
in June or Julie when the walnuts is tender take
un and bruise them in a stone mortar with a wooden
pestle, then put them into a glass Limbeck for to
distill & make the water with a little fire
under a still for fear it tast of smoke or of
burning & keepe this water in glass bottles well
stoped labeling therein for every bottle an ounce
of fine sugar & have a great care of it

and if you take every morning in a drinking
glass 2 fingers of this water mingling with it
a little white wine & as much of either as you
that is as it is taken of the wine vessels,
that will lie upon a croon it cures all kinds
of dropsies using of it a month if it be
an old and malignant one, but if in the beginning
or when any one is lightly fallen into that

a conserve for a windy stomach
beat new with corrans till you have made
it into a conserve keep it in glass covered when
you finde your stomacke disturbed take the quantity
of a walnut its good against infection both in
a morning fasting its good for them that
have consumptive coughs its for a pain in the
stomacke either in man woman or child its good for
all sorts of evils;

for a sore mouth

boyle the inward barke of elm in spring
water till it be very red; water it with
sirup of violets wash the sore mouth
with this either of infants or the body
if any you doe ite no hurt; if there be
any canker in the mouth take the rai lace
of reio and sage take hard sager and gar-
pouder equal quantity mix all together;
wash the mouth with the fore said water
and drab it with this after; kress the
mouth in this manner 3 or 4 times a day;
a greock to alay grises

take 2 spoonfull of oatmeal that is benesed
through a lawn benes put it into a quart of
fair water add to it a nutmeg quarterd a good
blade of mace a stick or 2 of good cinnamon
a few clises of ginger a peece of good butter
the bigness of a walnut put so much loaf sugar
in as to make it pleasant let all this be set
on the fire together and boyle a quarter of
an hour constantly stirring it to keep it from
skimming; this is very proper for a woman in
child bed if there be occasion to take it as the
take a pint of cream or new milk if it be milk
you must boyle a lanch of butter in it the bigness
of a walnut, and a peece of loaf sager as big
again boyle it till it be almost half wasted when
you take it of the fire put into it y^e yolk of an egg give it as warm as
new milk

you may sleep with it if you have a mind;

an oylment for wotms

take a handfull of wormwood
a handfull of rue a handfull of
camomile a handfull of lavender
cotton a handfull of southernwood
a handfull of saffron a handfull of
muscadels a handfull of penny-
royal shred them without wash-
ing and stalk them very well;
boyle these very well in white
wine venigar then strein it
out upon 3 garbers of a pound
of may butter then boyle them
all together and skim it well &
then put it in a bott keepe it close
covered for your use you cannot
keep it longer then it will be good
for much annoyeth the belly and stomack

all over very well against a
good fire lay upon it some
London brown paper of black-
est sort you can get you may
warm the paper over night
till it grow so drie as to loose
of by peeces: the best time to
make use of this ointment is 3 days
before y^e full moon and 3 days before
the change — — —

to make maye butter
Take fresh butter put it into
a glass cover it very close that
neither wet or mize may get to
it lett it stand in the sun till it
turn white so keep it for your
use — — —

to make oyl of St Johns wort
Take the flowers of St Johns wort put
them into saled chl lett them stand
in the 3 or 4 days then strain it off
this will heall a green wound & it
and other things

Suger of Roses

take of redd rose leaves & white
being cut of & speedily dried in the
sun an ounce to a pound
melt the suger in rose water & juce
of roses of each 2 ounces, which being
consumed by degrees put in the rose
leaves in powder mix them, put it
upon marbles and make it into lozings

the vertues

it strengthens weak stomakes weak
hearts and weak brains restores
such as are in consumptions restores
lost strength stays fluxes, easeth pain
in the head ears and eyes helps spitting
vomiting & rising of blood it is a fine
thing for consumptive persons to have
always about them to take now and
then a bit

To make Cuslap: Water

Take 3 gallons of spring water 3 gallons
of pickt Cuslaps put to every gallon
of water 1 lb of sugar stamp your
Cuslaps very well before you put
them into the water hang it over
A quick fire and when it hath boyled
3 quarters of an hour put to it 3 ounces
of sirrup of comon take it of the fire
let it stand till it is cold as milk that
coms from a Cow; & then put to it one
quart of good Ale yeast and let it stand
9 days to work & stirring it very often
and let it stand cool then straine out
the Cuslaps and put it into a vessell
close stoped and when it hath stood 3
weeks bottle it up putting in to every
bottle a lump of hard sugar & 3 Raisons

the best confection in the world to be
taken in time of malignant distempers

concreue of wood sorrell 3 ounces
flowre of brimstone finely powderd
& diascordium, each 3 grams
saffron 3 graines acchoine half a scruple
sirup of wood sorrell one ounce
make all into a confection; of which
take night and morning a quantity
of a nutmage with a small draught of
Rogiss ale after it;
this is to be given in the beginning
of small pox or measles and by the
grace of God will prevent the distemper
from being mortall or iniurious to the
party after wards

To make gooseberry Wine.

Take for every 3 pound of fruit, a pound of
Sugar, and a quart of fair water. Bruise y^e fruit
& steep it 24 houres in y^e water, then lett
y^e liquor run of through a haire cloth
add y^e sugar, then putt it in an earthen
Stoan close covered, a fortnight or 3 weeks
& then draw it into bottols well corked &
bound downe, at 3 monthes it will be ready
to drinke & during y^e 24 houres it must be
seuerall times stirred, In y^e same manner
we make currants & Raspie Wine. But
our cherry wine differs, for we doe not
bruis y^e cherries but ston them & putt y^e
water & sugar together, & giue it a walme
over y^e fyre, then putt in y^e fruit, & lett it stow
in a gentle fyre, halfe a quarter of an hour
then lett y^e liquor, runn without pressing
& use it as y^e other

the only cherries for this use are the
great Boavers. Murray cherries, and
marvelous Black Flanders. & John
troufaint cherries all these wines may
be putt in Runlets to worke, but must
have some very smalls went till if working
be over.

To make Apricocke Wine

Take 3 pound of sugar. & 3 quarts of
water lett them boile together and take
of y^e Scum when it arises, put in 6 pound
of Apricocks pared & stoned lett them boile
till they be tender then take them up
& when y^e Liquor is cold bottle it, you may
if you please lett y^e Liquor have a walme
with a sprigge. 2 of flowered clary. when y^e
Apricocks are taken up it giues a good
flavour the Apricocks make a good
service for y^e table for y^e most spending

To make Conslip Wine

Take 9 gallons of water & 14^{lb} of sugar
boyle y^e water & sugar very well for
y^e space of an houre. Having putt into it y^e
whites of 6 eggs new laid & well beaten
scum it constantly. all y^e while it boyles
then take it & putt it into a tubb that is
sweet & cleane, then take a bushell of fyne
picked conslips. and beat them in a mortar
& putt them to y^e liquor, next morning. strain
them from the liquor, & squeeze them ~~very~~
very hard then take y^e sweetest & thickest
Ale yeast & spread it upon toasts of brown
bread hard toasted on both sides spread
when it begins to work putt in 2 or 3 bottles
of sacke, 1 bottle of Rhenish wine & y^e Juice
of 6 Lemmons & sum of the pill afterwards
lett it worke for a day and a night covered
close, then strain all y^e things out and put
it into a Runlett fitt for y^e quantity, you may
after it hath stood 2 or 3 weekes in y^e Runlett

Draw it out into bottles & putt a Lump of
Sugar into each Bottoll then cork them
up well after it hath stood a month
drink it when you please it will keepe
a year very well.

For the biting of a mad dog
or any venomous beast

Take y^e partie water, & boile it wth y^e bread
till it be thick. then putt in some turpentine
oile of Chamomile, or of red roses, or of white
Lillies, & soe make it into a poultice & apply it:
it will draw out the venime. Anoint y^e swelling
wth oyle of Balsome.

For the Jaundise.

Take a quart of Burned claret wine. & putt
into it an ounce of red sanders Rosemary and
Calme of each a sprigge Boile them together
take hereof halfe a pint y^e first & last, and att
4 of y^e clocke in y^e afternoon. If y^e party
be farre gone. take Ivory beaten to powder
and mix with it halfe y^e quantity of Saffron.

make it into little pills & take it in y^e pap of an
apple (3 or 4 at a tyme) after you have y^e wine,

To cause sleepe

Take 2 oz of Redd poppy water, an ounce of Diacordium
Dum giud the att^y hour of sleepe.

For y^e Kings ouell

Take Barly flower, liquid pitch, wax & oyle,
of each a like quantity mix altogether and sooth
it well, and putt into it a little wine of a young
kidd, & stir it well about. Apply it to y^e sore
playstowise

How to know y^e Kings ouell

Take a ground worme, a live, and lay it upon
y^e swelling or sore, and cover it wth a leafe if
it be y^e Kings ouell, y^e worme will hang &
turne into earth: If not it will remain whole
and sound

For y^e stinging of a Bee or wasp

Take Borage leaves, Bruise them & apply them
to y^e place

for the Dropsy
The juice of oranges frequently used in all
ye meates & drinks

for y^e stinging of an adder, snake
or other venomous creature

Take a rod cork, apply y^e fundamont of y^e cork
to y^e orifice of y^e wound and it will draw out
all y^e venom, y^e cork will immediately swell
and dy^e
another

Cut a live porcion in halfe and apply to y^e place
stung: it will draw out the venom
Another.

For grimony bruised, and applyed helps man
or beast stung with an adder
for Deafnesse

Take womans milke, make it luke warme
and bath your eard & heire: both wth mth & wth wth
then take a quart of malmsey. Cos old sack
& boile it wth cloves, and putt it into a stone
bottle. cover it close with a tennell. Lay
y^e eard to it so long as you can well endure it
y^e y^e steame may goe into y^e eard, then

take oyle of bitter Almonds, warme it
& supple y^e eare wth it as you did wth the womans
milke. Let 2 or 3 drops fall into y^e eare. Keeping
y^e head warme all y^e tyme you use it do this
for 8 or 10 dayes. If you be very Deaf

A water for y^e eyes.

Take a croame pott, or such alike pott, & make
it very cleane. Look how many gallons it holds,
take soo many ounce of white vitrioll, when
there is any snow to be had, but y^e vitrioll
to fyne powder, put 2 or 3 handfulls of cleane
snow into y^e pott & putt it hard down wth y^e
hand, Then scatter a little of y^e said powder
thereon. And soo a layer of snow, and a little
powder, till y^e pott be full uphoaped, & y^e powder
spent, observing alwayes y^e snow be patted
Down as it is putt into y^e pott. Then cover y^e
pott wth a cleane linnen cloth, & sett it in
some collar when y^e snow & frost are gone
in y^e fields, you shall have y^e in y^e pott
dissolved, Then so dispose of y^e pott y^e
it may not freeze in frosty weather, now
y^ett stand to warme

when you have use of y^e water, powrd
out some of it by y^e help of a Cannoll
through a cleane linnen cloth
into a cleane glasse or pott; and use it as you
have ocasion the longer you keep it the
stronger it is

for clearing and strengthening y^e eyes
you may drop it into them att any tyme
especially morning & evening

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etc.

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